

GUIDE FOR EXCHANGE STUDENTS AT UFAM



Assessoria de Relações
Internacionais e
Interinstitucionais



UFAM

GUIDE FOR EXCHANGE STUDENTS AT UFAM



Universidade Federal do Amazonas

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PRESENTATION

Studying in another country is a rich experience, as it provides learning, dialogue and knowledge, which is the more we immerse ourselves in another culture, the more we expand our intercultural communication. Our expectation is that this Guide will help you integrate as quickly as possible into the daily life of the city of Manaus and UFAM. Accordingly, the guide is divided into three parts. Firstly, we present the city, its history, main places to visit, culture and cuisine, among other subjects. In the second part, we provide all the information about academic life at UFAM. At the end, we provide maps with some important services close to the University Campus.

Enjoy your reading!

PART 1



WELCOME TO

MANAUS

COMING TO MANAUS

Manaus is a Brazilian city, Amazonas state capital and the main financial center, which represents corporate and economic development to the northern of Brazil. It is a historical port city, located in the center of the largest tropical forest in the world.

OVERVIEW

Area: 11.401 km²

Climate: humid tropical monsoon with annual average temperature of 26.7 °C

Population: 2.255.903 inhabitants (IBGE, 2021)

Language: Portuguese

Currency: Real

Electric current: 110 volts



HEALTH

Medical Care in Brazil is for free (Sistema Único de Saúde - SUS) and the purchase of some medicines like anti-inflammatory, antipyretic and analgesic may be conducted by telephone. Other medicines such as antibiotics and antidepressants, to name a few, require a prescription.

Vaccines: The Federal Government demands vaccination of foreigners entering the country and also of Brazilians moving to other regions.



FINANCE

Credit Cards: Almost all of the commercial networks in the capital accept Credicard, Visa, American Express, MasterCard e Diners.

Taxes: In Brazil, the amount of taxes is included in the price of products.

Banking: Monday to Friday from 9am to 3pm.

Tips: In Brazil, there are situations where the tip is included in invoices. This is the case of restaurants and hotels (10% of total is added into the bills). In other cases, giving tips is not mandatory, but the practice of gratifying people from that culture is not considered offensive, it is always welcome.



PIX

Pix is the Brazilian instant payment. The means of payment created by the Central Bank (BC) in which resources are transferred between accounts in a few seconds, at any time or day. Pix can be made from a current account, savings account, or prepaid payment account.

For more information, access:

<https://www.bcb.gov.br/estabilidadefinanceira/pix>



Alcoholic Beverages: Sale and consumption of alcoholic beverages to people under 18 is prohibited and driving after drinking alcohol is a crime.

Smoking: The Civil Code does not allow the cigarette consumption by people under 18 years old. It is forbidden to smoke inside of public transport, cinemas, public buildings and concert halls.

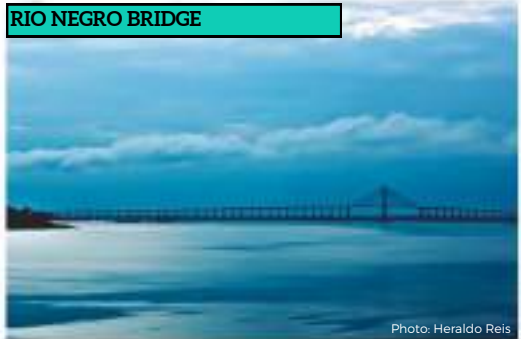
FOREIGN STATUS

Through Law No. 6,815, of August 19, 1980, regulated by Decree No. 86,715 of December 10, 1981, Brazil defines rights, duties and foreign residence conditions on Brazilian soil.

MANAUS BUILDINGS



RIO NEGRO BRIDGE



AERIAL VIEW OF THE CITY



AIRPORT



Eduardo Gomes International Airport receives daily domestic and international flights coming from various parts of Brazil and the world. For international flights, an entry form is distributed in Brazil to be delivered at the time of landing to the Federal Police. This procedure aims to register and subsequently legalize the foreigner's stay in the country. The airport is at a distance of 14 km from the downtown.



Photo: Google

LEAVING THE AIRPORT

At the airport, you will find bus lines that can take you to any area of the city and other transport options such as taxis, in addition to being able to use the service of applications such as Uber and 99.



Urban Bus

Lines: 059,306,641

Price: R\$ 4,50 (can be changed)



Executive Bus

Lines: 813

Price: R\$ 5,00 (can be changed)



Certified Taxis

Some companies have cars at the airport exit.

Price: Established Tax



Aplicativos de Transporte

Apps: Uber, 99, etc.

Price: Vary for each region.

ACCESS TO KNOW ALL THE LINES



<http://www.onibusmanaus.com.br/>



or download the app "Cadê meu ônibus", to know all the lines and schedules, available at Play Store and App Store.



Photo: Google

HISTORY

Located on the left bank of Negro river, Manaus has its origin (1669) in a small village formed around the Fort of São José da Barra do Rio Negro, created to save the region of possible Dutch and Spanish attacks. Soon the small number of inhabitants increased resulting in a large village called Lugar da Barra. In 1757, the small town was renamed Captaincy of São José do Rio Negro and in 1783, passed the danger of enemy attacks, the Forte da Barra has been disabled.

In 1833, Brazilian provinces were restructured, thus the Lugar da Barra was promoted to Province, changing its name to Village Manaós, becoming the capital of the Upper Rio Negro District. In 1848, when the Manaós village became recognized as the city of Barra do Rio Negro and the Amazon state (1850) is proclaimed as a province, the region starts receiving researchers, scientists and chroniclers interested in learning about and reporting its natural cultural diversity.

On the second half of the nineteenth century, the city of Barra do Rio Negro goes through varied urban transformations, especially with the arrival (1852) of President João Batpista de Figueiredo Tenreiro Aranha definitely installed in the Amazon province. Finally in 1856, through Law No. 68 of September 4, the Barra do Rio Negro came to be called city of Manaus, a place that would still be known as "Paris of the Tropics".

WATER MEETING



Photo: Arquivo ARII



Photo: Juscelino Simões

HARBOR OF MANAUS



Photo available on the website <https://viajeleve.net/o-que-fazer-em-manaus/>

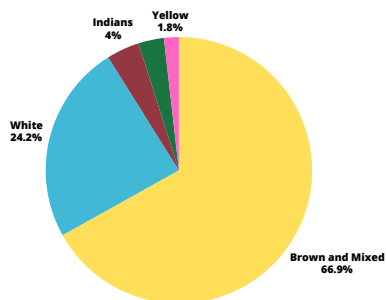
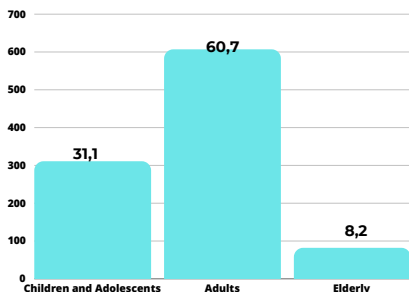
These pictures are showing typical boats in Amazonas. Boats are the only way that people in the countryside have to transport themselves to other cities.

TREASURES OF MANAUS

Considered the biggest city in the Northern Region and one of the cities of Brazil that receives more immigrants, Manaus is a city that emerges from the forest and exudes life. Be prepared to admire the most beautiful landscapes on the planet and be surprised by its greatest treasure which is the people of Manaus. Within a few days in the city you feel "at home", due to the hospitality of its people who are expert in receiving and welcoming visitors.

ECONOMIC AND SOCIAL DATA

- Amazon population is estimated in 4,2 million people (IBGE, 2021)
- 53% of these people live in Manaus
- Gentile: Manauara



The state of Amazonas has the largest indigenous population of the country living in areas of difficult access.



50,744 %



49,253 %

CLIMATE

The city of Manaus is located in the heart of the Amazon, one of the wettest regions of Brazil and where there is high incidence of solar radiation.

The city's climate is humid tropical, characterized by high temperatures, high humidity and heavy rainfall. The annual average temperature is 26.7°C and the humidity is relatively high throughout the year, with monthly averages between 79% and 88%.

The rainfall is also high, around 2300mm per year and in March the wettest month (335 mm); August is the driest one (47mm).

Seasons are determined by precipitation: Winter is relatively dry, it is called dry season and takes place between June and November. Summer, commonly called the rainy season occurs from December to May.



Photo: Juscelino Simões

CULTURE

The Amazon culture and the city of Manaus is the legacy of a rich cultural miscegenation (indigenous, white, black and Northeast), hence the Amazonian people reflect their cultural manifestations as distinct from each other as the ritual of New Girl, held in the upper region of Solimões River, the Amazon Jazz, Films and Opera Festivals presented in sumptuous Amazon Opera House in Manaus, and a street carnival that happens in virtually all cities of Brazil.

TRADITIONAL FESTIVALS

Almost all municipalities in the state (66) hold theme parties, as an example we cite the "Feast of Cupuaçu" in the municipality of Presidente Figueiredo; the Music Festival of the municipality of Itacoatiara; the Feast of Guaraná in the municipality of Maués; the Festival of Bois Bumbás (Caprichoso and Garantido) of Parintins and so on. Other options include the Amazon Opera Festival, the Carnaboi, the Manaus Carnival and the Boi Manaus (held to commemorate the anniversary of the city, which takes place on October 24th).

In addition, you can watch and/or participate in June Festivals (celebration that takes place in June in reference mainly to the Saints of the Catholic Church). During this period you will find in various parts of the city typical food stall: corn cakes, couscous, corn pudding, Tapioca cake, hominy, Chikki, pastel junino, among other delights.

JUNE FESTIVAL AT PARQUE DO IDOSO



Foto: Heraldo Reis

PARINTINS FESTIVAL

Photo: Agência Brasil - disponível em: <https://agenciabrasil.ebc.com.br/>



CARNABOI 2022 AT MANAUS



Photo available on: <https://edilenemafra.com/carnaval/confira-a-programacao-do-carnaboi-2023-em-manaus/>

FESTIVAL AT AMAZON OPERA HOUSE



Photo: Heraldo Reis

COOKING

The manauara cooking is delicious! Our rivers are home to more than two thousand species of fish, thus the Amazonian meals give value to the fish as the principal food. The principal fishes consumed, mainly at the lunch, are tambaqui, tucunaré, pirarucu, jaraquí, pacu and matrinxã. Served fried, roasted or stewed and combined with white or yellow manioc flour, being as farofa or pirão, this is a healthy and complete food, full of necessary nutrients to the human body.

ESCABECHE DE PIRARUCU



Photo: Arquivo ARII

TUCUMÃ



Photo: imagens Google

The breakfast is full of delicious food. You can try the famous x-caboquinho, made with French bread, stuffed with cheese curd and slices of tucumã (tucumã is the fruit of an Amazonian palm. Its pulp is rich in Vitamin A, B and has a high content of Vitamin C, besides of it, has high quality of energy value 247 calories per 100 grams).

The same combination is consumed with tapioca, food made from the manioc starch. In addition, you can try the corn cake, French bread stuffed as you wish, tapiquinha, peanut brittle and others.

More foods are tacacá, prepared with tucupi (broth extracted from manioc), tapioca gum, dry shrimp and jambu, pirarucu de casaca, fried banana (unripe or ripe); pato no tucupi (Brazilian duck tucupi); açai with tapioca, among others.

TACACÁ



Photo: imagens Google

TUCUPI AND LEMON



Photo: Arquivo ARII

CITY PLACES TO VISIT

HISTORIC CENTER

The Historic Center of Manaus covers an area between the shore of the Negro River and the surroundings of the Amazon Theater and still maintains the symbolic and dense aspects of artistic-constructive achievements from the golden period of rubber, mixed with modern buildings and represents one of the greatest testimonies of a prosperous economic phase of Manaus.



AMAZON OPERA HOUSE

Main cultural and architectural symbol of the State, The Amazon Opera House, located in Largo de São Sebastião, in the center of Manaus, keeps alive much of the history of the rubber boom, the heyday of the Amazonian capital. In addition to being the stage for major events such as the Amazonas Opera Festival and the Dance and Theater Festivals, it also has a museum that has pieces that helps to tell its story.

Address: Eduardo Ribeiro Avenue, 659, Downtown

Opening hours:

Tuesday to Saturday - 9am to 5pm

Sunday - 9am to 1pm

Admission: R\$ 20 (full price) e R\$10 (half price)*

*Half price: students (valid ID card), teachers, senior from 60 years old, children from 6 to 10 years old, blood donors, military personnel and companions of people with disabilities (PCDs) all with proof.



RIO NEGRO PALACE

It was built in 1903, in the eclectic style, to be the private residence of a wealthy rubber merchant, the German Karl Waldemar Scholz. The place served as the seat of government and, on October 3rd, 1980, it was listed as a Historical and Artistic Heritage of the State of Amazonas. The Palace has halls for recitals, exhibitions, book launches and various cultural activities.

Address: 7 de setembro Avenue, 1546 - Downtown

Opening hours:

Tuesday to Saturday - 9am to 5pm

Admission: Free



STATE PUBLIC LIBRARY

It has rare works, old periodicals, big academic materials, in addition to being one of the most beautiful places in the center of Manaus where you can visit to study.

Address: Barroso Street, 57 - Downtown

Opening hours:

Monday to Friday - 8am to 5pm

Admission: Free



Photo: Juscelino Simões

POVOS DA AMAZÔNIA CULTURAL CENTER

Inaugurated in May 2007, the center has a cultural hall and arena with capacity for 17,000 people. Its proposal is to bring together in a single space information, education, entertainment and research on populations of the western Amazon with the aim of spreading the culture of people from Brazil, Bolivia, Colombia, Ecuador, Guyana, Peru, Suriname and Venezuela.

Address: Silves Avenue, 2.222 - Distrito Industrial I

Opening hours:

Tuesday to Saturday - 9am to 3pm

Admission: Free



Photo: Juscelino Simões

WATER MEETING

Meeting of the Solimões river (muddy water) and Negro river (black water). During six kilometers (at certain times of the year reaches 22 km), the two rivers stand side by side without mixing. It is a spectacle of nature. A must see! The tour is offered by most tourism agencies of the city.



Photo: Chico Batata - Portal Amazonia - available at: <https://portalamazonia.com/amazonia/encontros-das-aguas-saiba-em-que-locais-ocorre-o-fenomeno-na-amazonia>

FOR MORE INFORMATION ABOUT THESE AND OTHER CULTURAL PLACES, ACCESS:



<https://cultura.am.gov.br/espacos-culturais/>

MUSEUMS IN THE CITY

AMAZON MUSEUM - MUSA

At Musa, there are exhibitions of orchids and bromeliads, araceae, palm trees, ferns, snakes, spiders and scorpions, butterflies, cicadas, mushroom and fungus nurseries, as well as a sensory garden, Amazonian Victoria Lake and aquariums. A 42 meter high tower provides a magnificent view of the treetops, unforgettable at 6am.

Address: Margarita Avenue, 6305 - Jorge Teixeira

Opening hours:

Everyday (except wednesday) - 8:30am to 5pm
(the gate closes at 4pm)

Admission: R\$ 40



FOR MORE INFORMATION ABOUT THIS PLACE, ACCESS:



<https://museudaamazonia.org.br/pt/>

50% discount (proof required)

- residents of Manaus
- seniors over 60 years old of Brazilian nationality
- students
- teachers
- accompanying person with a disability

PROVINCIAL PALACE

It has three Museums of different languages: Museum of Image and Sound (Misam), Museum of Numismatics of Amazonas, Tiradentes Museum, Art Gallery of State, in addition to the Archeology Exhibition.

The Art Gallery has painting, photos and engravings by local, national and international artists. The Museum of Numismatics has a collection of more than 35,000 pieces and ancient coins. Image and Sound has DVDs and CDs for free viewing on site. The Tiradentes Museum honors firefighters and state police, with weapons and uniforms on display. While the Archeology Exhibition reproduces excavations and artifacts discovered in the region.

Address: Heliodoro Balbi Square, - Downtown

Opening hours:

Monday, Tuesday, Thursday, Friday and Saturday - 9am to 5pm.

Admission: Free



FOR MORE INFORMATION ABOUT THESE OR OTHER CULTURAL PLACES, ACCESS:



<https://cultura.am.gov.br/espacos-culturais/>

PARKS IN THE CITY

The Science Grove

Designed to promote the development of the Scientific Dissemination Program and Environmental Education of INPA (Instituto Nacional de Pesquisas da Amazônia), the park gives opportunity to visitors to know various aspects of Amazonian biodiversity.

Address: Bem-Ti-Vi Street, - Petrópolis

Opening hours:

Tuesday to Sunday - 9am to 4:30pm

Admission: Free

*Visits by appointment.



Photo: Arquivo ARII

THE BILHARES PARK

The park is a reference of culture and leisure center. It has fast-food services, library, sports courts, walking and running parks, among other options.

Address: Constantino Nery Avenue - Chapada

Opening hours:

Monday to Sunday - 6am to 11pm

Admission: Free



Photo: Arquivo ARII

CIGS ZOO

The only zoo in the city, the Instruction Center of War in the Jungle (CIGS) houses 285 animals of 56 species.

Address: São Jorge Avenue, 750, São Jorge

Opening hours:

Tuesday to Saturday - 9am to 4pm

Saturday and Sunday - 9am to 4:30pm

Admission: Full price (R\$ 20); Half price (R\$10)*

*Students and people living at Amazonas



Photo: Imagens Google

PONTA NEGRA PARK

The Park is home to several options: swimming in the waters of the Negro river, practicing land and water sports, attending local and national shows or simply enjoying a stroll contemplating the sunset.

Address: Coronel Teixeira Avenue - Ponta Negra Beach.

Public Place.



Photo: Google

JEFFERSON PÉRES PARK

Built in the meeting of two streams that flow into the Negro river, the park offers hiking and jogging trails and playground.

Address: Lourenço da Silva Braga Avenue, 1507 – Downtown

Opening hours: Everyday - 6am to 10pm

Public Place.



Photo: Arquivo ARII

MINDU PARK

The Mindu Park was created in 1993 by the City of Manaus and its area has more than 40 hectares. The park offers visitors the opportunity to hike on signposted trails. The Park also offers visitors a structure that includes an amphitheater, restrooms, libraries and snack bars.

Address: Perimetral Street, Parque 10 de Novembro

Opening hours: Everyday - 6am to 10pm

Public Place.



Photo: Arquivo ARII

LIVING IN MANAUS

ZONES AND NEIGHBORHOODS

Manaus is divided into North, South, South-Central, East, West, Midwest and Rural Zones. The East Zone is the most populous and the Central South region has the highest income per capita. You will probably settle in neighborhoods that offer you faster access to the University. So your options should be the neighborhoods of Cachoeirinha, Raiz, Japiim, Coroado and Aleixo.

METROPOLITAN ZONE OF MANAUS

The metropolitan region of Manaus was created in 2007 and is formed by the union of the cities of Manaus, Careiro da Várzea, Iranduba, Itacoatiara, Manacapuru, Novo Airão, Presidente Figueiredo and Rio Preto da Eva. In order to approach the municipalities of Iranduba, Manacapuru and Novo Airão to the Amazon capital the Rio Negro bridge was inaugurated on October 24, 2011.

HOUSES AT LARGO SÃO SEBASTIÃO



Photo: Kid Rogers

A PLACE TO LIVE

Certainly your main concern to get to the city is to find an appropriate house or apartment to stay in, but with a little patience you will be able to find something that fits your budget.

Rent prices in Manaus vary, mostly according to location, overall prices are around R\$ 900,00, with the possibility of negotiation. The International and Inter-Institutional Relations Advisory - ARII (Assessoria de Relações Internacionais e Interinstitucionais) can help you in that quest.

Our tip is that you look for the Regional Council of Realtors (Conselho Regional de Corretores de Imóveis) in the case you have to pay the broker's commission.

UNIVERSITY RESIDENCE- UFAM



Photo: www.ufam.edu.br

UNIVERSITY RESIDENCE - UFAM

Inaugurated in 2021, the University Residence (RUNI) is a building that aims to provide accommodation to UFAM university students who do not have housing in Manaus and are low-income.

The private areas are suits that fit up to 3 students. The building also has common areas, such as the dining room, kitchen, reading/study room, lobby and laundry, as well as parking and bicycle storage. The selection for occupation at RUNI is through a specific notice, however, you should be aware that the selection period may not always coincide with your arrival in the city.

TRANSPORT

Public transport in Manaus is administered by the Municipal Superintendence of Urban Transport (SMTU). The city has 5 integration terminals (in these terminals you don't need to pay extra ticket) covering all zones of the city. The terminals are:

T1	TERMINAL 1	Constantino Nery Avenue, Centro	67 lines
T2	TERMINAL 2	Manicoré Street, - Cachoeirinha	58 lines
T3	TERMINAL 3	Noel Nutels Avenue, - Cidade Nova I	43 lines
T4	TERMINAL 4	Camapuã Avenue, - Jorge Teixeira	22 lines
T5	TERMINAL 5	Autaz Mirim Avenue - São José	22 lines

 R\$ 4,50
R\$ 2,25 to students with student card

 4h à 00h - Everyday



ACCESS TO KNOW ALL THE LINES



<http://www.onibusmanaus.com.br/>



or download the “Cadê meu ônibus” app, to find out about all the lines and timetables, available on the Play Store and App Store.



HOTEL

If you need to stay for a few days in a hotel, Manaus has a large network.

INN

Manaus also has several inns, similar to hotels, but with a lower price and generally managed in a family way.

MEALS

During the week, you do not need to worry about your meals, as the University has the University Restaurant (RU), with subsidized price to students. At lunch or dinner you will pay a total of R\$ 3.20 per day. The snack bars installed in the Campus offers coffee, snacks and lunches for much lower prices than market prices.

On weekends and holidays you will have at your disposal a wide network of restaurants (from the most exquisite to the simplest ones) serving everything from coffee to dinner.

REGIONAL COFFEE

Sunday in Manaus is a day for regional breakfast. Several establishments offer from 6 am until noon, milk coffee, varied juice flavors (taperebá, cupuaçu, guava, acerola, orange, etc.), chocolate milk, traditional corn and wheat cakes, pé-de-moleque, x-caboquinho (French bread with tucumã, fried banana and cheese), tapioca stuffed with curd cheese, chestnut or tucumã, simple tapioca, tapioca flour, corn pudding, couscous and so on. There are so many delights that sometimes a visitor does not even know what to try.

SHOPPING

Manaus offers excellent shopping opportunities. Prices fit to all pockets. If you are looking for some bargain, downtown stores bring together many popular shops, there you will find the famous Marechal Deodoro street, called by manauaras as "Bate Palma" Shopping (Vendors clap hands "bate palma" in order to call shopper's attention). In large shopping malls (Manauara, Amazonas and Ponta Negra) you can find major domestic and foreign brands, and famous restaurant chains.

There are informations about restaurant, services, supermarkets and other at the end of the Guide's part I.

AMAZONAS SHOPPING MALL



Photo: Imagens Google

STREET MARKETS

Almost all neighborhoods in Manaus have their own models of street markets, such as the one in Coroado; there is also the Manaus Moderna Street Market and the ones promoted by the Associations of Family Farmers, held at the Association of Sergeants of the Amazon (Asa) and at the Manaus military club (Cassam). At Ufam, a few times a month, there is AGROUFAM, in the south sector, where you can buy various products produced by family farming at a good price.

SUPERMARKETS

All supermarket chains offer all kinds of products. However, if you need more specific genres, Manaus also features smaller supermarkets with more selective products. Anyway, avoid buying fruits and vegetables in supermarkets, they are always more expensive.

NATURAL PRODUCTS

If you prefer to consume more natural products, Manaus has excellent emporiums. You will be amazed by the variety of products. The emporiums with the best prices are located in the downtown.

PRODUCTS AT STREET MARKET



Photo: Kid Rogers

ADOLPHO LISBOA MUNICIPAL MARKET



Photo: Arquivo ARII

HOSPITALS AND FIRST-AID POSTS

Manaus has a large network of First-Aid posts, public and private hospitals. In addition to these major centers, the Health Public System has Emergency Care Service (SPA) strategically located to attend all city areas. The SPAs are medical care units that provide first-aid care but if a case requires, a patient can be transferred to a specialized center.

SAFETY TIPS

- Be careful when using your backpack, especially on public transport.
- Avoid carrying a bag that appears to carry valuables such as a laptop.
- Make sure the areas close to your home offer the same level of safety.
- Avoid walking with your cell phone in your hand when walking down the street.
- Avoid walking in deserted places, especially at certain hours.
- Avoid walking alone at night;
- In the evening, always go through lit places.
- Always be aware of your surroundings to be sure you are not being followed;
- Only use ATMs installed in public places.
- In public transport, keep your belongings with you.
- If you are victim of a robbery, stay calm, do not try any reaction and give everything that is requested;

ADDRESSES AND PHONES



International Airport Eduardo Gomes

📍 Santos Dumont Avenue,
1350 - Tarumã
☎️ (92) 3652-1210



Federal Police

📍 Domingos Jorge Velho Avenue,
n° 40, D.Pedro II - Planalto
☎️ (92) 3655-1515/1517



Military Police

☎️ 190



Emergency mobile care service - SAMU

☎️ 192



Firefighters

☎️ 193



Civil Defense

☎️ 199



Top Health Units

28 de Agosto Hospital

📍 Mário Ypiranga Avenue,
1581 - Adrianópolis
☎️ (92) 3643-7100

João Lúcio Hospital

📍 Alameda Cosme Ferreira,
Coroado III.
☎️ (92) 3647-1758



Homes for Rent

Conselho Regional dos Corretores de Imóveis (Regional Council of Realtors)

📍 Via Láctea Avenue, Conjunto Morada do
sol, n°82. - Adrianópolis
☎️ (92) 3584-5222



Hotel

J.M. Gomes I Hotel

📍 José Paranaguá Street, 468
- Centro
☎️ (92) 3232-6570/ 98185-0091

Ana Cássia Hotel

📍 Floriano Peixoto Avenue, 14
- Centro
☎️ 0800 696 7666

Central Manaus Hotel

📍 Dr. Moreira Street, 202 -
Centro
☎️ (92) 99363-3891

Summit Amazônia Tower Hotel

📍 Getúlio Vargas Avenue, 227
- Centro
☎️ (92) 4101-9900



Shopping

Amazonas Shopping

- 📍 Djalma Batista Avenue, 482 - Parque 10 de Novembro
- ☎ (92) 3215-2070
- 🕒 Monday to Saturday: 10am - 10pm
Sunday and Holidays: 02pm - 10pm

Manauara Shopping

- 📍 Mário Ypiranga Avenue, 1300 - Adrianópolis
- ☎ (92) 4003-7760
- 🕒 Monday to Saturday: 10am - 10pm
Sunday and Holidays: 02pm - 10pm

Ponta Negra Shopping

- 📍 Coronel Teixeira Avenue, 5705 - Ponta Negra
- ☎ (92) 3667-7225
- 🕒 Monday to Saturday: 10am - 10pm
Sunday and Holidays: 02pm - 10pm

Sumaúma Park Shopping

- 📍 Noel Nutels Avenue, 1762 - Cidade Nova
- ☎ (92) 2126-9400
- 🕒 Monday to Saturday: 10am - 10pm
Sunday and Holidays: 02pm - 10pm



Supermarkets

DB Supermarkets

- 📍 Coronel Teixeira Avenue, 7687 - Ponta Negra
- 📍 Djalma Batista Avenue, 2100, Manaus Plaza Shopping
- 📍 Rodrigo Otávio Avenue, 3810 - Japiim
- 📍 Cosme Ferreira Avenue, 4,605 - São José Operário - Shopping São José

Carrefour Supermarkets

- 📍 Condomínio Parque São Jose - Av. Pedro Teixeira, 52 - Lote B - Dom Pedro
- 📍 Djalma Batista Avenue, 482 - Parque 10 de Novembro - Amazonas Shopping
- 📍 Umberto Calderaro Filho Avenue, 203 - Adrianópolis



Snack Bars

Skina dos Sucos

- 📍 Eduardo Ribeiro Avenue, 629 - Centro.
- 📍 7 de setembro Avenue, 1184 - Centro
- ☎ (92) 3215-2070
- 🕒 Everyday: 07am to 05pm

Lanche do Careca Lindo

- 📍 Visconde Porto Alegre Street, 1543 B - Praça 14
- ☎ ((92) 98521-0006
- 🕒 Everyday: 08am to 10:30pm



Soup Restaurants

Papa-Sopa

- 📍 Tancredo Neves Avenue, 1142 - Parque 10
- ☎ (92) 99378-0410
- 🕒 Everyday: 18pm to 11:45pm

Soparia 2a

- 📍 Itaúba Avenue, 87 - Jorge Teixeira.
- ☎ (92) 99180-4810
- 🕒 Everyday (except wednesday): 07am to midnight



Pizza Restaurants

Coliseu

Pará Street, 438 - Nossa Sra. das Graças
 (92) 3234-8888
 Everyday: 11:30am to 2pm / 5pm to 11pm

Pizzaria Na Lenha

Mato Grosso Street, 103 - Flores
 (92) 99180-4810
 Everyday (except wednesday): 07am to midnight



Fish Restaurants

Morada do Peixe

Beco Goiania Conj. Jardim Versailles - Planalto
 (92) 99135-1417
 Everyday: 11:30am to 11pm

Peixaria do Juvenal

Constantino Nery Avenue, 5390 - Flores
 (92) 99604-3850
 Monday to Friday: 11am to 3pm/ 6pm to 11pm
 Saturday and Sunday: 11am to 11pm



Brazilian Barbecue Restaurants

Tropeiro

Mário Ypiranga Avenue, 230 - Flores
 (92) 3234-8888
 Everyday: 11:30am to 2pm / 5pm to 11pm

Picanha Mania

Constantino Nery Avenue, 5103 - Flores
 (92) 3655-1000
 Everyday: 11am to 3pm/ 6pm to 11pm



Japanese Food Restaurants

JapaMix Temakeria

Tancredo Neves Avenue, 282 - Parque 10 de Novembro
 (92) 98856-4444
 Everyday: 6pm to 11pm

Sushi Ponta Negra

Coronel Teixeira Avenue, 4681 A - Loja 10 - Ponta Negra
 (92) 99430-7314
 Everyday: 6pm to 11pm



Chinese Food Restaurants

China in Box

Mário Ypiranga Avenue, 1300 - F-013 - Adrianópolis
 (11) 5017-0440
 Everyday: 11am to 3pm / 6pm to 11pm

Restaurante Peking

Humboldt Avenue, 529 - Coroado
 (92) 3644-8889
 Everyday: 11am to 2h20pm / 6pm to 10:30pm




Bakery and Pastry Shop


Conde do Pão

 Darcy Vargas Avenue, 2144 - Chapada


 (92) 3657-4888

 Everyday: 06am to 9pm

Serpan

 Pedro de Ataíde Street - Cidade Nova II


 (92) 99109-0256


 Everyday: 05:30am to 11:30pm




Ice Cream Shop


Glacial


 Maj, Gabriel Street, 2000 - Praça 14 de Janeiro


 (92) 3232-2457

 Everyday: 09:30am to 11pm

Happy Ice

 525 Rio Içá Street - Store 4 - Nossa Sra. das Graças

 (92) 98143-3903


 Everyday: 11am to 8pm



Fairs

Mercado Adolpho Lisboa

 46 Barés Street - Downtown

 Everyday: 06am to 5pm

Feira do Coroado

 Alameda Cosme Ferreira, Aleixo


 Everyday: 05am to 4pm




Regional Breakfast Restaurants


Café Regional Priscila


 Turismo Avenue - Ponta Negra


 (92) 99315-0193

 Everyday: 06:30am to 6:30pm
Sunday: 06:30am to 01pm

Café Regional Dona Pitanga

 Marquês de Muritiba Street, 489 - Flores

 (92) 3646-3399

 Tuesday to Sunday: 07am to 11:30am

In the second part of this guide, you will find some important and necessary information for your academic life at Ufam.

Enjoy your reading!

PART 2



WELCOME TO

UFAM

ABOUT UFAM

The Federal University of Amazonas (Ufam) is located in the North Region of Brazil, precisely in the city of Manaus/Amazonas, a place that houses countless natural resources and a welcoming people. A public institution of higher education, Ufam over its more than 100 years, has contributed to the formation of citizens and development of the Amazon.

Organized in 6 campuses, which 5 are distributed strategically in the channels of the Solimões, Madeira, Negro and Amazonas rivers. The main campus (6,7 million square meters) is situated in the city of Manaus, capital of the Amazonas State and is considered the third greater forest fragment in the urban area of the whole world and the first in the country.

AERIAL VIEW OF THE MANAUS CAMPUS



Photo: Juscelino

OVERVIEW

- Corporate name: University of Amazonas Foundation
- Juridical nature: Federal Foundation
- Ministerial linking: Executive Power Ministry of Education
- Address: 6200 Rodrigo Otávio Avenue, - Senador Arthur Virgílio Filho University Campus - Coroado I - Cep: 69.077-000
- Eletronic Address: ufam.edu.br
- Creation Act: Law nº 4.069-A, of June 12, 1962, of Decree 53.699, of March 13, 1964.

MISSION

To value learning in all areas of knowledge, teaching, research and extension, contributing to training of citizens and development of the Amazon.

CENTRO DE CONVIVÊNCIA
(COMMUNITY CENTER)



Photo: Sabrina Amaral

HISTORY

The History of Ufam begins with the creation of the Free Academic School of Manaus, founded on January 17th, 1909. The Free Academic School of Manaus was formed by the faculties of Science and Letters, Juridical Sciences and Social, Medicine, Pharmacy, Dentistry and the course of obstetrician.

On October 22nd, 1913 it started to be named by University of Manaus, remaining this way until 1926. With the decline of the economic cycle of rubber, the city emptied and the population experienced a long period of uncertainty and needs. Thus, in 1926 the University ceased publication leaving a few isolated units. Only the law school remained, moving in 1949 to be maintained by the Federal Government.

On June 12nd, 1962 was created the University of Amazonas Foundation through Federal Law No. 4069-A, authored by Senator Arthur Virgílio Filho. However, its installation happened only on January 17th, 1965, in honor to the Free Academic School of Manaus.

On June 20th, 2002, the Act no. 10.468 gave a new name to the university which was renamed Federal University of Amazonas taking from this moment the acronym "UFAM". The goal of the institution is to provide higher education in undergraduate and graduate level; develop research in all branches of knowledge and promote programs and activities.

OLD LAW SCHOOL



Photo: Ascom Ufam

STUDENTS IN THE 90'S



Photo: Ascom Ufam

UFAM'S FLOWERS



Photo: Kid Rogers

CAMPUS FOREST

With an area of 6.7 million square meters, the University Campus, located in the city of Manaus, capital of Amazonas, is considered the third largest green fragment in an urban area in the world and the first in Brazil. In the forest of the Campus are found several species of animals (slothes, lowland Paca, monkeys of several species, besides the Sauim Collar, which is an endangered specie that lives exclusively in the region of Manaus). Various types of exotic flowers make up the forest scenario. The purple and yellow trumpet tree (Tabebuia), for example, when blooms, brightens the beholders of nature.

ACADEMIC STRUCTURE

AREA OF EXPERTISE

Exacts Science



Agrarian Science



Biological Science



Humans Science



UNITS

- 18 Academic Units on the Campus of Manaus
- 5 Academic Units on the countryside of Amazonas

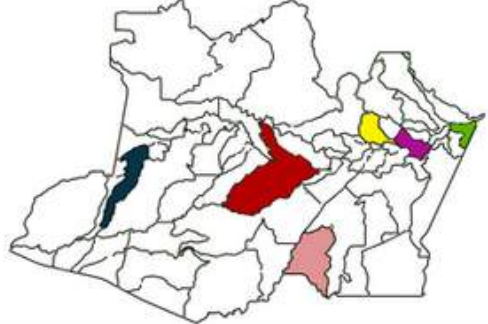
- Undergraduate
140 courses

- Students
More than 40,000
students enrolled

SUPPORT CENTERS FOR RESEARCH AND TEACHING

- University Hospital Getúlio Vargas
- Central Vivarium
- Arts Center
- Center for Environmental Sciences
- Information and Communication Technology Center
- University Press
- Amazon Museum
- Campus Prefecture
- Experimental Farm
- Amazon Energy Development Center
- Electronic and Information Technology Center
- Center for Research and Production of Medicines of Amazonas
- Multidisciplinary Support Center
- Distance Education Center
- Central Library

UNITS ON THE COUNTRYSIDE OF AMAZONAS



Benjamin Constant

Manaus

Coari

Itacoatiara

Humaitá

Parintins



Photo: Juscelino Simões

GETTING TO THE UNIVERSITY CAMPUS

To arrive in University Campus Senador Arthur Virgílio Filho, the options are:



South and North Sectors

- 125:** From Terminal 1 and André Araújo Avenue.
- 616:** From Terminal 2, Downtown and Tefé Avenue.
- 352:** From Terminals 3 and 4 and Autaz Mirim Avenue.



Integration

Bus that transfers the campus between the north and south sectors. **Totally free.**



Photo: Sabrina Amaral





Buses that pass in front of Ufam

- 457:** Terminals 2 and 3, Torres Avenue, Tefé Avenue and Downtown;
- 650:** Terminals 2, 4 e 5, Japiim neighborhood and Downtown;
- 460:** Amazonino Mendes II, Torres Avenue, Terminal 2, Cachoeirinha;
- 215:** Paz neighborhood, Estação 2, André Araújo Avenue, BR-319, Distrito Industrial;
- 213:** Lírio do Vale II, Alvorada, Efigênio Salles Avenue, Rodrigo Octávio Avenue, BR-319;
- 542:** Ouro Verde, Japiim, Terminal 2, Brasil Avenue, Compensa, Ponta Negra.

When arriving in front of Ufam, go to the bus stop at the entrance and take bus 007, also known as Integration, which does not charge a fee. You can also take, from the entrance to the campus, buses 125 and 616 free of charge (valid only when entering)

For units located off-campus, the options are:

	Medical School - FM	1053, Afonso Pena Street - Praça 14 de Janeiro	013,014,016,100,116,125,212,217,350,439,442,502,541,542,602,606,609,623,671
	Nursing School	495, Terezina Street - Adrianópolis	014

ARII - Assessoria de Relações Internacionais e Interinstitucionais


The International and Interinstitutional Relations Advisory - ARII is responsible for assisting the University about the formalization of cooperation agreements between the institutions in Brazil and exterior, as well as coordinating activities of mobility "in" and "out". Arriving in Ufam (foreign or national students) must go to ARII to receive guidance.



Important Informations

 Administrative Center of the Rectory, north sector of the University Campus - 1st floor.

 arii@ufam.edu.br
mobilidadearii@ufam.edu.br
acordosarii@ufam.edu.br

 (92) 3305-1753

STUDENT VISA

To join Ufam as a foreign student you must obtain from the Embassy of Brazil or the Brazilian Consulate in your country, a valid visa to stay in Brazil during the study period.

Apply for your visa in advance in order to program and organize better your temporary transference to a new place. Remember, your enrollment will be regularized by presenting the correct visa. The tourist visa will not be accepted and there is not the possibility of changing the type of visa once you are already in Brazil.

STUDENT VISA





COPY OF PASSPORT AUTHENTICATION

The Federal Police requires that all shets which were copied from passport must be authenticated.

Authentication is a stamp with the signature of the person responsible for the registry. In Manaus, you can go to the address below:

2º Cartório
de Notas

 355 Joaquim Sarmiento
Street, - Downtown

 (92) 3232-0465

 Monday to Friday: 9am to 3pm

ENTERING UFAM

To join Ufam, it is necessary to request enrollment in the disciplines authorized by the coordinator from the Pro-Rectorcy of Undergraduate Education - Proeg.

3X4 PHOTO

In Brazil, it is common to request this type of photography for the composition of identification documents. We provide some addresses:

- Foto Nascimento: 1194, Sete de Setembro Avenue, - Downtown. Stores at the mall: Amazona, Studio 5, Manauara e Millenium.

BANK ACCOUNT

In possession of your CPF you can open a bank account in any bank branch. In the northern sector of the University Campus is installed a branch of Banco do Brasil (BB);

To open a bank account in that agency, submit the following documents:

- Temporary Foreign Identity Card
- Individual Registration - CPF
- Proof of Address

COSTS

Ufam is a public and free university, but expenses with tickets, food, lodging, transportation, among others, such as study materials, are responsibility of the student.

HOSTING

Ufam provides housing only for students who prove vulnerability (low income). The selection is annual and occurs in specific date. Thus, we advise you to rent a place near the University Campus.

PORTUGUESE COURSE

The Portuguese as a Foreign Language Course is taught free of charge by Ufam, with classes held during the week. All information about the functioning of the course and vacancu offers can be obtained from the Ufam Language Center (Nucli) - ISF

ENROLLMENT IN UFAM

The following documents are required:

- CPF,
 - RNM - National Immigration Registry (or passport)
 - High School Records and Certificate
- Must have a valid email address.

INDIVIDUAL REGISTRATION - CPF

In addition to being able to enroll in Ufam, the CPF will allow you to open a bank account, facilitating the resolution of situations related to your financial life. The ARII can guide you through the steps to obtain one.



REGISTRATION WITH THE FEDERAL POLICE (PF)

As soon as you enter Brazilian territory, you must register with the Federal Police to receive your RNM - National Migratory Registry, this document will legalize your stay in Brazil.

HOW TO REGISTER

On the website <https://www.gov.br/pt-br/servicos/registrar-se-como-estrangeiro-no-brasil>, you will find all the information about the steps for registration:

1- In the "Etapas para a realização deste serviço" tab, you will see the first step in which you will have the registration request form. You will also have to pay the fee for issuing the National Migratory registration Card (R\$ 204,77).

2- After completing the request form, it will be possible to schedule an appointment at the Federal Police unit.

3- Attend the Federal Police unit on the date scheduled in the previous item.

FEDERAL POLICE ADDRESS

📍 40 Domingos Jorge Velho Avenue, D. Pedro II

☎️ (92) 3655-1515 e 3655-1517

🕒 8am to 3pm

🌐 <https://www.gov.br/pt/pt-br>

IMPORTANT CONTACTS

- Rector's Office - (92) 3305-1485
- Communication Department (ASCOM)- (92) 3305-1480
- International and Interinstitutional Relations Advisory (ARII) - 992) 3305-1753
- Pro-Rector of Undergraduate Studies (Proeg) - (92) 3305-1481 / 3305-1482
- Central Library - (92) 3305-5052
- University Campus Prefecture - (92) 3305-4002
- Campus Security Service - 3305-4210
- Banco do Brasil - (92) 3647-2300
- Student Assistance Department (DAEST)- (92) 3305-1487



Photo: Google

ACADEMIC COMMUNITY

ENROLLMENT NUMBER

Your registration number will be your passport to your academic life at Ufam. It is necessary for various university services such as using the University Restaurant, borrowing books from the library, among others.

Enrollment Types

- **Institutional Enrollment** - This is the time in which the student is linked to Ufam getting their enrollment number.
- **Enrollment in subjects** - Through enrollment in disciplines you formalize your frequency to your course. This registration system is computerized and is done in two ways:
 - - **Automatic Enrollment** - Only for new students (freshmen).
 - - **Enrollment Request** - It is made through the student portal, with the 1st, 2nd and 3rd request options.

CONFIRMATION OF ENROLLMENT

At the beginning of each semester, students must withdraw their Proof of Enrollment from the Student Portal on Ecampus. This document is very important because it proves your link with Ufam and allows you to renew your registration at the library.

CRITERIA FOR PROCESSING REQUESTS

In order to respond fairly to enrollment requests in disciplines, the system carries out various checks, such as whether the student is still attending to periods or is finalist, if they are applying for the first or second time to a discipline, and so on.

LIBRARY

To gain access to the Library System collection, you must go to your unit's library, present registration confirmation and a document with a photo. Remember, at the beginning of each semester you must present your proof of enrollment to renew your registration.

UNIVERSITY RESTAURANT - RU

Once registered you will have access to breakfast, lunch and dinner served by the University Restaurant - RU, located in the northern and southern sectors, in the School of Medicine and in the School of Nursing. To purchase tickets, which are sold every week, just go to the servers positioned at the entrance of the restaurant.

Breakfast: R\$ 0,70

Lunch: R\$ 1,20

Dinner: R\$ 1,30

NORTH SECTOR RU



Photo: Juscelino Simões





Photo: Sabrina Amaral

HALF-PRICED PASS

As a student, you are entitled to half fare on public transport. To get your card, you must register on the website estudantes.manaus.am.gov.br and then go to one of the Sinetram posts.

Sinetram

 Constantino Nery Avenue - Chapada - Next to Terminal 1

 (92) 2123-0700

 Monday to Friday: 7am to 7pm

COURSES COORDINATION

Every course has a coordinator. The course coordinator is responsible for managing enrollment in disciplines, offering vacancies, judging the utilization processes, approving the offer of disciplines, among other duties.

ACADEMIC DEPARTMENT

Tasks of the academic department include to plan, coordinate and implement the teaching of subjects taught in the course. It is the first place you should report if you need to solve a problem.

PRO-RECTORY OF UNDERGRADUATE STUDIES (PROEG)

Proeg is the Rectory responsible for managing the academic life of students. So in order to help you, ARII always works in partnership with this Pro-Rectory. Proeg is located in the northern sector of the University Campus, Administrative Center of the Rectory.

CREDIT SYSTEM

Ufam adopts the credit system corresponding to 15 hours/lecture and 30 hours of practical activity. All curriculums provide a maximum and minimum number of credits to be achieved each semester.

APPROVAL IN DISCIPLINES

In order to pass, the student must obtain a final average equal or greater than five. The final average is the result of the average obtained in school activities, weighing two and a note of the final test, weighing one.

LEAVE OF ABSENCE TYPES

- **Total** - It is the formal act of not enrolling in any course for up two semesters.
- **Disciplines** - A request to Proeg for a Leave of Absence-LOA from one or more subjects to which one is registered.

School Year

It consists of two regular class periods. The school year is at least 200 days of academic activities.

Frequency

The minimum frequency is 75% of the activities programmed for each discipline.

Academic Calendar

The Academic Calendar is defined each semester and is approved by the Board of Education and Research - Consepe, where deadlines are set for the implementation of all academic activities



Ufam offers wi-fi throughout northern and southern sectors.

JOIN IN!

TUTORIAL EDUCATION PROGRAM - PET

The program aims to provide students under the guidance of a tutor, conditions for the performance of extracurricular activities to complement their academic training. The selection process for scholarship students takes place according to the needs of the group. Check with the coordination of your course.

INSTITUTIONAL PROGRAM FOR SCIENTIFIC INITIATION SCHOLARSHIPS - PIBIC

One of the main access points to research. prepare a project, look for a professor for guidance, within the deadline established in the notice, submit it to the Dean of Research and Postgraduate Studies - Propesp. If approved, you will be able to receive a grant for one year to fund your research.

MONITORING PROGRAM

It aims to initiate students of undergraduate courses in the various teaching tasks at the college level. Engage yourself!

EXTENSION SCHOLARSHIP

The Pro-Rectorcy of Extension and Internalization (Proexti) offers scholarships to all extension projects. Inquiries at Proexti, northern sector of the University Campus, Administrative Center of the Rectory, 2nd floor.

Archeology Lab



Photo: Juscelino Simões

Pharmaceuticals Laboratory



Photo: Juscelino Simões

Faculty of Physical Education and Physiotherapy - FEFF



Photo: Juscelino Simões

SCIENTIFIC RESEARCH

Research activities carried out by foreign students or professors / researchers in academic mobility activities are regulated by the following rules:

Decree n° 98.830/1990

Provides for the collection, by foreigners, of data, biological and mineral specimens, among other scientific materials, in Brazil.

Available at: https://www.gov.br/icmbio/pt-br/servicos/servicos-do-icmbio-no-gov.br/autorizacoes/pesquisa-nas-ucs-sisbio/duvidas-frequentes/pesquisador-estrangeiro/98830_90.pdf



Normative Resolution n° 82/2008

Disciplines the granting of a visa to a foreign scientist, professor, researcher or professional who intends to come to the country to participate in conferences, seminars, congresses or meetings in the area of research and development or for scientific-technological cooperation and to students of any degree level or postgraduate studies.

Available at: https://www.gov.br/icmbio/pt-br/servicos/servicos-do-icmbio-no-gov.br/autorizacoes/pesquisa-nas-ucs-sisbio/duvidas-frequentes/pesquisador-estrangeiro/Resoluonormatica82_2008.pdf



MCT Ordinance n° 55/1990

Approves the regulation on the collection, by foreigners, of data, biological and mineral specimens, among other scientific materials, in Brazil.

Available at: https://www.gov.br/icmbio/pt-br/servicos/servicos-do-icmbio-no-gov.br/autorizacoes/pesquisa-nas-ucs-sisbio/duvidas-frequentes/pesquisador-estrangeiro/PortariaMCT55_1990.pdf



Other information is available at www.cnpq.br > Programs > Scientific Expedition.

CULTURE AND ART AT UFAM

AMAZON MUSEUM - MA

The Ufam Museum aims to rescue and provide collections and information on the Amazon region. It consists of the sectors of Museology, Document, Library, and other divisions. The Museum is located on 1036, Ramos Ferreira Street - Downtown.



UFAM CENTRE OF ARTS - CAUA

Through Caua, Ufam offers art courses, cultural performances, exhibitions and other activities related to these themes. Caua is on 724, Mosenhor Coutinho Street, Downtown.



EVENTS ON CAMPUS

Throughout the year numerous events of academic, scientific and social nature are promoted by various sectors of the University community and students. Below we highlight some of them.

UNIVERSITY GAMES - JUUFAM

Gather all Ufam courses in sports competitions. The event takes place in the second semester at the Faculty of Physical Education and Physiotherapy, South sector.

FRESHMEN WELCOMING

It is an event promoted by the coordinators of each course. The aim is to introduce new students to a bit of the University.

VILLA LUDOS

Event that takes place one week of each month in the Community Center of the North Sector of the Campus. The event has a gourmet area selling food and other table games and video games.

These are some of the main events, but throughout the year, Ufam promotes scientific, cultural and academic events.

University Games - JUUFAM



Photo: Juscelino Simões

Art Workshops



Photo: Juscelino Simões

Freshmen



Photo: Juscelino Simões

UFAM'S ABBREVIATIONS

- **Adua** - University of Amazonas' Professors Association
- **AI** - Internal Audit
- **AAL** - Araújo Lima Ambulatory
- **Ascom** - Communication department
- **Assua** - University of Amazonas' Servs Association
- **ARII** - International and Interinstitutional Relations Advisory
- **BC** - Central Library
- **Cais** - Integral Center of Attention to Healthy
- **CCA** - Environment Science Center
- **CAUA** - Art Center
- **CAM** - Center of Multidisciplinary Support
- **CDTECH** - Business and Technology Development Center
- **CDEAM** - Energy Development Center of Amazonas
- **CED** - Center of Distance Education
- **CETELI** - P&D Center in Electronic Technology and Information
- **CEL** - Study of Languages Center
- **CPPAD** - Standing Committee of Administrative Procedures
- **CTIC** - Center of Information and Communication Technology
- **Consad** - Board of Directors
- **Consepe** - Board of Education and Research
- **Consuni** - University Council
- **DAS** - Server Support Department
- **DAEST** - Student Assistance Department
- **DCE** - Central Directory of Students
- **Depes** - Personnel Department
- **Defin** - Finance Department
- **Demat** - Department of Material
- **Direx** - Executive Border
- **DDP** - Department of Development
- **DP** - Research Department
- **EDUA** - University's Editor
- **EE** - Nursing School
- **FACED** - Faculty of Education
- **FES** - Faculty of Social Studies
- **FM** - Medical School
- **FAO** - Faculty of Dentistry
- **FAPSI** - Faculty of Psychology
- **FT** - Faculty of Technology
- **FCA** - College of Agricultural Science
- **FCF** - College of Pharmaceutical Sciences
- **FLET** - College of Languages
- **FD** - Law School
- **FEFF** - College of Physical Education and Physiotherapy
- **FUA** - University of Amazonas Foundation
- **ICB** - Institute of Biological Sciences
- **ICE** - Institute of Exact Sciences
- **IFCHS** - Institute of Humanities
- **ICOMP** - Institute of Computer Sciences
- **HUFM** - Francisca Mendes Hospital-University
- **HUGV** - Getúlio Vargas Hospital-University
- **Lua** - The Amazon University Bookstore
- **MA** - Amazonian Museum
- **PCU** - Campus University City Hall
- **Pet** - Special Training Program
- **PF** - Federal Attorney
- **Pibic** - Institutional Program os Scientific Initiation Scholarships
- **Proadm** - Dean of Administration and Finance
- **Progesp** - Dean of Personnel Management
- **Proeg** - Dean of Undergraduate Education
- **Proext** - Dean of Extension
- **Propesp** - Dean of Research and Graduate Studies
- **Proplan** - Dean of Institutional Planning and Development
- **Protec** - Dean of Technological Innovation
- **RU** - University Restaurant
- **SGC** - Secretary General of the Higher Councils
- **SIC** - Citizn Information Service
- **Sistesam** - Higher Education Workers' Union of the State of Amazonas
- **SIASS** - Integrated Health Care Sub-System of the Server
- **Uni-Sol** - Foundation of Institutional Support Rio Solimões

ORGANIZE IT!

BEFORE YOU RETURN

Going back home is wonderful. Our suitcase is full of nostalgia, knowledge, experiences, memories and everything else that fits. But going back requires some steps, so take note:

- 1- If possible, take with you your academic history with notes and subjects studied at Ufam;
- 2- Be sure to note all the necessary contacts, especially your tutor in Ufam;
- 3- Close your bank account;
- 4- Unsubscribe from internet, telephone, cable TV, energy and water accounts, among others;
- 5- Pay all your debts;
- 6- Do not forget to return all borrowed books to the library
- 7- Send your Activity Report to ARII (description of your activities during the exchange, photos with friends, professors, etc.). Send the report to email: mobilidadearii@ufam.edu.br



**Next, in part 3 of this Guide, we
provide maps with essential
services close to the University
Campus.**

PART 3



MAPS

IMPRTANT MAPS

In this third part of the Guide we provide maps with some essential services located close to the Arthur Virgílio Filho University Campus.

HOSPITALS NEAR UFAM



DRUGSTORES NEAR UFAM



HOTELS NEAR UFAM



INNS NEAR UFAM



MARKETS NEAR UFAM



IMPORTANT LINKS

BUS



<http://www.onibusmanaus.com.br/>

SINETRAM



<https://estudantes.manaus.am.gov.br/>

UFAM PORTAL



<https://ecampus.ufam.edu.br/ecampus/home/login>

ARII WEBSITE



<http://www.arii.ufam.edu.br/>

TOURISM



<https://guiatur.manaus.am.gov.br/>

CULTURE



<https://www.cultura.am.gov.br/>

FEDERAL REVENUE



<https://www.gov.br/receitafederal/pt-br>

FEDERAL POLICE



<https://www.gov.br/pf/pt-br>

PROEG WEBSITE



<https://proeg.ufam.edu.br/>



UFAM



Assessoria de Relações
Internacionais e
Interinstitucionais



arii@ufam.edu.br



(92) 3305 - 1753



@arii_ufam



<http://arii.ufam.edu.br>

Assessoria de Relações Internacionais e Interinstitucionais- ARII

Av. Rodrigo Otávio, 6200, Coroado 1 - Setor norte do Campus Universitário Senador Arthur Virgílio Filho, Centro Administrativo, 1º andar.

CEP 69077-000